



knitting



Designed by Marly Bird

What you will need:

RED HEART® Chic Sheep by Marly Bird™: 2 balls 5693 Poolside

Susan Bates® double pointed needles: One set 3.75mm [US 5]

Susan Bates® split lock stitch markers

Susan Bates® extendable stitch holder (work-in-progress tube) (optional)

Wooden sock blocker (optional)

Yarn needle

GAUGE: 24 sts = 4" (10 cm) Stockinette st. CHECK YOUR GAUGE. Use any size needles to obtain the gauge.

BUY YARN



RED HEART* Chic Sheep by Marly Bird™, Art. R170 100% Merino Wool available 3.5 oz (100 g), 200 yd (183 m) balls

Directions are for women's size, changes for men's size are in parentheses.

Sock measures 8 (10½)" (20.5 (26.5) cm) in circumference around foot.

SPECIAL STITCHES

Ssk (slip, slip, knit) = Slip next 2 sts knitwise to right needle, insert point of left needle through front of sts, knit these sts together through back loop.

SOCKS Cuff

Using long tail cast on, cast on 48 (64) sts onto 4 double pointed needles (12 (16) sts on each needle).

Join round being careful to not twist cast on edge.

Knit 1 round. Mark fabric under last needle of round.

Next round: * K1, p1; repeat from * around.

Repeat the last round until Cuff measures $1\frac{1}{2}$ (2)" (4 (5) cm).

Lea

Continue evenly in Stockinette st (knit every round) until Leg measures 6" (15 cm) including Cuff, or to desired length.

Heel Flap

Using Needle #4, knit across all sts on Needle #1.

You now have a total of 24 (32) sts on one needle (these are the Heel sts) and 12 (16) sts on each of 2 remaining needles. Turn work to face the wrong side, and begin working back and forth in rows across Heel sts only as follows:

Row 1 (wrong side): K3, p to last 3 sts, k3. Row 2: K3, * with yarn in back slip 1 purlwise, k1; repeat from * to last 3 sts, k3. Row 3: K3, purl to last 3 sts, k3.

Row 4: K3, * k1, with yarn in back slip 1 purlwise; repeat from * to last 3 sts, k3. Repeat Rows 1-4 5 (7) more times - 24 (32) rows (12 (16) Garter st ridges at each edge) worked in Heel Flap.

Heel Turn

Row 1 (wrong side): P13 (17), p2tog, p1, turn - 23 (31) total Heel sts, counting both Heel needles.

Note: Leave remaining sts unworked on left needle when turning.

Row 2: With yarn in back slip 1 purlwise, k3, ssk, k1, turn - 22 (30) total Heel sts.

Note: There will be a small gap between the sts that form the Heel turn and the yet unworked sts on the needle.

Row 3: With yarn in front slip 1 purlwise, purl to 1 st before gap, p2tog, p1, turn - 21 (29) total Heel sts.

Note: The p2tog will close the gap. **Row 4:** With yarn in back slip 1 knitwise, knit to 1 st before gap, ssk, k1, turn - 20 (28) total Heel sts.

Note: The ssk will close the gap. Repeat Rows 3 and 4 only 3 (5) more times - 14 (18) total Heel sts.

All Heel sts are now on 1 needle. Slip half the Heel sts purlwise onto a spare needle.

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Gusset

Begin working in the round again as

Set Up Round 1:

Needle #1: Using the needle holding left half of Heel sts (this is now Needle #1), pick up and knit 12 (16) sts up side of Heel flap, then pick up and knit 2 sts at top of Gusset.

Needles #2 and #3: Knit across. Needle #4: With spare needle, pick up and knit 2 sts at top of Gusset, then pick up and knit 12 (16) sts down side of Heel flap, then with same needle knit right half of Heel sts.

- 21 (27) sts on each Needle #1 and #4. 12 (16) sts on each Needle #2 and #3. Move marker to fabric just under Needle #4.

Set-up Round 2:

Needle #1: Knit to last 2 sts, ssk. Needles #2 and #3: Knit across. Needle #4: K2tog, knit to end. - 20 (26) sts on each Needle #1 and #4. 12 (16) sts on each Needle #2 and #3.

Gusset Round 1:

Needles #2 and #3: Knit across. Needle #4: K1, k2tog, knit to end. - 19 (25) sts on each Needle #1 and #4. 12 (16) sts on each Needle #2 and #3. Gusset Round 2: Knit around. Repeat Gusset Rounds 1 and 2 7 (9)

Needle #1: Knit to last 3 sts, ssk, k1.

more times - 12 (16) sts on each needle, 48 (64) sts total.

Foot

Work evenly in Stockinette st around all needles until Foot measures 1½ (2)" (4 (5) cm) less than desired Foot length. measuring from the back of the heel.

Here are some approximate measurements for different heel to toe lengths and shoe sizes:

| Women's Sizes | | Men's Sizes | |
|---------------|--------------------|-------------|--------------------|
| Shoe | Heel-to-Toe Length | Shoe | Heel-to-Toe Length |
| 5 | 7" (18 cm) | 6 | 7½" (19 cm) |
| 6 | 71/4" (18.5 cm) | 7 | 7¾" (19.5 cm) |
| 7 | 7½" (19 cm) | 8 | 8" (20.5 cm) |
| 8 | 8" (20.5 cm) | 9 | 81/4" (21 cm) |
| 9 | 8" (20.5 cm) | 10 | 8½" (21.5 cm) |
| 10 | 81/4" (21 cm) | 11 | 8¾" (22 cm) |
| 11 | 8¾" (22 cm) | 12 | 8¾" (22 cm) |
| 12 | 9" (23 cm) | 13 | 91/4" (23.5 cm) |
| | | 14 | 9½" (24 cm) |
| | | 15 | 9¾" (25 cm) |

Note: Sock should have negative ease. Typically, a finished sock length should be about $\frac{1}{2}$ " (1.5cm) shorter than the foot.

Toe

Round 1:

Needle #1: Knit to 3 sts before end of needle, k2tog, k1.

Needle #2: K1. ssk. knit to end.

Needle #3: Knit to 3 sts before end of needle, k2tog, k1.

Needle #4: K1, ssk, knit to end.

- 11 (15) sts on each needle, 44 (60) sts total.

Round 2: Knit around.

Repeat Rounds 1 and 2. 5 (7) more times - 6 (8) sts on each needle, 24 (32) sts total.

Repeat Round 1 only 3 (4) more times - 3 (4) sts on each needle, 12 (16) sts total.

Knit across Needle #1 only, Working yarn is now at side of toe.

Slip all sts from Needle #1 purlwise onto Needle #4.

Slip all sts from Needle #3 purlwise onto Needle 2.

All sts are now on 2 needles and set up for grafting.

FINISHING

Graft Toe sts together using Kitchener st

Hold both needles together in your left hand, with wrong sides facing inward. Cut a long tail from the working varn (about 4 times the width of the fabric to be joined), and thread tail into yarn needle.

Step 1: Insert yarn needle purlwise into first st on front needle and pull it through, leaving st on the knitting needle.

Step 2: Insert yarn needle knitwise into first st on the back needle and pull it through, leaving st on the knitting

Step 3: Insert yarn needle knitwise into first st on front needle and pull it through, then drop this st off knitting needle.

Step 4: Insert yarn needle purlwise into first st on front needle and pull it through, leaving st on the knitting needle.

Step 5: Insert yarn needle purlwise into first st on the back needle and pull it through, then drop this st off knitting needle.

Step 6: Insert yarn needle knitwise into first st on the back needle and pull it through, leaving st on the knitting needle.

Repeat steps 3-6 only, pausing to pull sts taut and neaten the seam after every couple of inches. Be sure to always pause after a step 6 so as to not lose vour place.

When 2 sts remain, work step 3, then step 5, then fasten off.

Weave in all loose ends.

ABBREVIATIONS

k = knit; **k2tog** = knit next 2 sts together; **p** = purl; **p2tog** = purl next 2 sts together; st(s) = stitch(es); * or ** = repeat whatever follows the * or ** as indicated.

See next page for alternate photos



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